

Good Morning!

During the COVID-19 Pandemic You Can Join NRCIL's Groups via Conference Calling.

We sincerely hope you are all doing well, practicing social distancing, hand washing, and choosing to travel for essential needs only.

NRCIL's SMART Recovery Group will begin on Monday April 13 from 12:30-2pm

NRCIL's Double Trouble in Recovery Group will begin on Thursday April 16 from 12:30-2pm

If you would like to participate please call Amanda Martin at (315) 836-3735 ext. 321 to get the conference call number and code.

One-on-One support is available every day. Just give us a call.

**CALL TODAY AND GET THE SUPPORT YOU NEED.**