

JANUARY 2019

ROTEO

Monday and Wednesday from 11 am-2 pm

7632 N State St, Lowville NY phone (315)836-3735

Bring a lunch unless otherwise stated

DON'T FORGET: WALK THE BLOCK AT 10:30

- 01/02/19 Systems Advocacy at 10; Bingo**
- 01/07/19 Lunch at Gary's (bring \$2 for a tip- sign up ahead of time)**
- 01/09/19 Craft**
- 01/14/19 IL Skills: Planning a Healthy 30 minute meal**
- 01/16/19 Bowling at Lewis Lanes (meet at Lewis Lanes- lunch provided)**
- 01/21/19 Closed- Martin Luther King Day**
- 01/23/19 Games of Choice**
- 01/28/19 IL Skills: Cooking a Healthy 30 minute meal**
- 01/30/19 Popcorn and movie**

COMMUNITY CONNECTIONS

- 01/09/19 Craft with Trisha**