




April 2017 Calendar



Monday <small>(Please check in the community for flyers for our events and visit our website at www.nrcil.net)</small>	Tuesday	Wednesday	Thursday	Friday	Saturday
					1.
3. Walk A Block 10:30am ROTEO 11-2 Lowville NRCIL Smart Recovery 12:30-2pm Lowville Library Guided Meditation 2-2:30pm Lowville NRCIL	4. Anger Management 2-3pm Lowville NRCIL	5. Systems Advocacy 10:00am Walk A Block 10:30am Paper Craft with Sarah Nellenback 11am, Lowville NRCIL Walk A Block 10:30am ROTEO 11-2 Lowville NRCIL Guided Meditation 2-2:30pm Lowville NRCIL Biggest Loser Challenge 8:30am-4:30pm, Lowville NRCIL	6. Double Trouble in Recovery Lowville NRCIL 12:30-2pm Origami with Sarah Nellenback, 11am-12pm Lowville NRCIL	7.	8.
10. Walk A Block 10:30am ROTEO 11-2 Lowville NRCIL Smart Recovery 12:30-2pm Lowville Library Guided Meditation 2-2:30pm Lowville NRCIL	11. Prepare and Share a Healthy Meal With NRCIL and Instructor Anne Merrill Forest Presbyterian Church, Lyons Falls. 10:30am-12:30pm	12. Walk A Block 10:30am ROTEO 11-2 Lowville NRCIL Guided Meditation 2-2:30pm Lowville NRCIL Biggest Loser Challenge 8:30am-4:30pm, Lowville NRCIL	13. Double Trouble in Recovery Lowville NRCIL 12:30-2pm Origami with Sarah Nellenback, 11am-12pm Lowville NRCIL	14.	15.
17. Walk A Block 10:30am ROTEO 11-2 Lowville NRCIL Smart Recovery 12:30-2pm Lowville Library Guided Meditation 2-2:30pm Lowville NRCIL	18. Anger Management 2-3pm Lowville NRCIL	19. ROTEO 11-2 Lowville NRCIL	20. Double Trouble in Recovery Lowville NRCIL 12:30-2pm Origami with Sarah Nellenback, 11am-12pm Lowville NRCIL	21. Casual Coffee Friday Lyons Falls NRCIL 10am-11:30am 	22.
24. Advisory Council 10am Walk A Block 10:30am ROTEO 11-2 Lowville NRCIL Smart Recovery 12:30-2pm Lowville Library Guided Meditation 2-2:30pm Lowville NRCIL	25. Anger Management 2-3pm Lowville NRCIL	26. Walk A Block 10:30am ROTEO 11-2 Lowville NRCIL Guided Meditation 2-2:30pm Lowville NRCIL	27. Double Trouble in Recovery Lowville NRCIL 12:30-2pm Origami with Sarah Nellenback, 11am-12pm Lowville NRCIL	28.	29.

Support Groups - NRCIL proudly offers many support groups throughout the month. Some are offered here at our Lowville NRCIL office, located at 7632 N. State St., also at The Lowville Public Library. You are welcome to attend any or all of the Groups we offer. If you have questions, please give us a call at 315-836-3735. If you need assistance with something that we don't offer, please let us know, and we can meet on an individual basis. We are always looking for suggestions for new groups. Please share your ideas with us!

Other Area Happenings

JCC CannonCon - April 1-2, 2017

A Gaming and Cosplay Event. Student organized clubs of Jefferson Community College (JCC) including Cosplay (costume play), Let's Play Games, Cinematic Productions, Criminal Justice and Haven, along with JCC Campus Activities Board will present the 2nd Annual CannonCon to be held on April 1 and 2, 2017. Read the full press release at <http://www.sunyjefferson.edu/node/3999>

Narcan Training - April 10, 2017

Training delivered by ACR Health. There is no cost. It is important that you pre-register by calling Mountain View Prevention Services at 315-376-2321 as seating may be limited. 4:30 p.m. Mountain View Prevention Services ...Admission: Free

Business Leaders Breakfast ~ Fort Drum Update - April 12, 2017

Join Lewis County Economic Development and Fort Drum Representatives for updates on Lewis County and Fort Drum initiatives. Topics include: Fort Drum Update, Recruiting Veteran Workforce and Lewis County Business Update. Invited: Business owners and executives, municipal and community organization leaders.

8-11:30 a.m. Lowville Elks Lodge ...Admission: Free

Sponsor: Purcell Construction Corporation, Lowville Sport & Farm and Naturally Lewis

DPAO~ The Lettermen Concert - April 21, 2017

The Disabled Persons Action Organization (DPAO) and the Northern New York Community Foundation presents ... The Lettermen ... live in concert on Friday, April 21st at 7:30 p.m. at the Dulles State Office Building in Watertown.

Tickets for DPAO's Spring Show ... The Lettermen ... are \$20 each and may be purchased by calling DPAO at (315)-782-0044 or by visiting any of the Watertown Kinney Drugs Store locations.

7:30 p.m. ...Admission: \$20/person ... [Website](#)

RHSNNY~ Shaun Stanford's Pork BBQ - April 22, 2017

Dinners include steak, macaroni salad, baked beans, and roll. To benefit the Railway Historical Society of Northern NY and its ongoing efforts to preserve the Lowville Beaver River Railroad and the age of the iron horse for future generations. We are a 501c-3 Educational non-profit museum. Call 315 346-6848 to pre-order. Museum is open for tours. For more information visits us at www.newyortrains.com or call us at 315-346-6848 or write us at RHSNNY PO Box 317 Croghan, NY 13327.