






September 2017 Calendar



Monday <small>(Please check in the community for flyers for our events and visit our website at www.nrcil.net)</small>	Tuesday	Wednesday	Thursday	Friday	Saturday
				1. Casual Coffee Friday Lyons Falls NRCIL 10am-11:30am 	2.
4. Labor Day NRCIL Closed 	5. Anger Management 2-3pm Lowville NRCIL	6. Systems Advocacy 10:00am Walk A Block 10:30am Paper Craft with Sarah Nellenback 11-12 ROTEO 11-2 Lowville NRCIL Guided Meditation 2-2:30pm Lowville NRCIL	7. Double Trouble in Recovery Lowville NRCIL 12:30-2pm	8.	9.
11. Walk A Block 10:30am ROTEO 11-2 Lowville NRCIL Smart Recovery 12:30-2pm Jackson Street NRCIL Guided Meditation 2-2:30pm Lowville NRCIL	12. “Prepare and Share” Nutritious and Delicious Cooking, 10:30am-12:30pm, First Presbyterian Church Lowville	13. Walk A Block 10:30am ROTEO 11-2 Lowville NRCIL Guided Meditation 2-2:30pm Lowville NRCIL	14. Double Trouble in Recovery Lowville NRCIL 12:30-2pm Rebuilding Family Bridges Lowville NRCIL 5-6pm	15. Casual Coffee Friday Lyons Falls NRCIL 10am-11:30am 	16.
18. Walk A Block 10:30am ROTEO 11-2 Lowville NRCIL Smart Recovery 12:30-2pm Jackson Street NRCIL Guided Meditation 2-2:30pm Lowville NRCIL	19. Anger Management 2-3pm Lowville NRCIL	20. ROTEO 11-2 Lowville NRCIL	21. Double Trouble in Recovery Lowville NRCIL 12:30-2pm	22.	23.
25. Advisory Council 10am Walk A Block 10:30am ROTEO 11-2 Lowville NRCIL Smart Recovery 12:30-2pm Jackson Street NRCIL Guided Meditation 2-2:30pm Lowville NRCIL	26. Anger Management 2-3pm Lowville NRCIL	27. Walk A Block 10:30am ROTEO 11-2 Lowville NRCIL Guided Meditation 2-2:30pm Lowville NRCIL	28. Double Trouble in Recovery Lowville NRCIL 12:30-2pm Rebuilding Family Bridges Lowville NRCIL 5-6pm	29.	30.



Support Groups - NRCIL proudly offers many support groups throughout the month. Some are offered here at our Lowville NRCIL office, located at 7632 N. State St., also at The Lowville Public Library. You are welcome to attend any or all of the Groups we offer. If you have questions, please give us a call at 315-836-3735. If you need assistance with something that we don't offer, please let us know, and we can meet on an individual basis. We are always looking for suggestions for new groups. Please share your ideas with us!

Please check for flyers in the community, our facebook page and our website: www.nrcil.net for additional NRCIL events.

Other Area Happenings

Lewis County Night Out - September 8, 2017

The event is designed to heighten crime and drug prevention awareness; recovery and generate support for, and participation in local anticrime efforts. Due to the increase of heroin impact upon our community, during the opening ceremony, we will be recognizing Lewis County Ambulance Teams, who are often first on scene of crisis situations. We also will be remembering those who lost their lives in 2001, when terrorists attacked the World Trade Center Complex in New York City, the Pentagon in Washington D.C., and a plane full of innocent people crashed in a Pennsylvania Field. There will be demonstrations by local Law Enforcement Agencies including K9 search and apprehension and Jaws of Life Demonstration; weather permitting-a Medical Helicopter will be on-site; Lowville Village Police Department-processing Safe Child ID cards; over 28 prevention awareness informational tables including NYS Police-Special Operations Response team; NYNG Counter Drug Task Force; "Faces of Meth" continuous film display; STOP DWI-Traveling Exhibit; Rob Rosolanko-Outpatient Service Director at Behavioral Health will talk about addictions. There will be youth activities including a Boulderling Climbing Wall; Face Painting, Giant Twister Game, Reality Check; Fatal Vision Goggle experience for teens; drawing for gift cards/door prizes; McGruff the Crime Prevention Dog will be on-site; Moose Radio will be broadcasting from the event; and there will be FREE FOOD.

5:30-7:30 p.m. ...**Sponsor:** Lewis County Youth Bureau, Lewis County Sheriff's Office, Lewis County Opportunities, Inc, and NRCIL

13th Annual Ride for Ryan - September 9, 2017

Raffle tickets, Chinese auction, 50/50, t-shirts, Chicken BBQ halves sold during ride: \$5 individual and \$10 family (4 per family). Please bring a donated auction item.

10 a.m. Registration / 11 a.m. Shotgun Start ...Tuggers, 544 State Route 177, Copenhagen

The Meat Grinder Ride - September 9, 2017

First annual Meat Grinder Ride in support of the Mennonite central Committee's Meat Canner! The 50 mile ride will start and end at the Croghan Mennonite Church and the 23/mile/7 mile rides as well as the 7 mile run will begin at the Croghan Mennonite Church and end at the Naumburg Mennonite Church. Lunch will be served between 11:30 and 1:30 at the Naumburg Mennonite Church for riders as well as the community. Miller's Meat Market will be serving a chicken break/pork loin meal.

Cream Cheese Festival - September 16th, 2017

This festival is held every year and is an event fun for all ages with lots of food, games, vendors, contests and the World's Largest Cheesecake!

11 a.m.- 6 p.m. ...Main Street Lowville NY

Admission: Free

Notary Public Review - September 22, 2017

This workshop is a must for Notary Public candidates to become fully aware of the authority, duties and responsibilities of the office. Provided materials include links to licensing information, booklets and forms, and an 80 question practice exam.

12:30-3:30 p.m. ...Lewis County Chamber of Commerce, 7576 S. State St., Lowville

Admission: \$55/person

Phone: 315-786-2233

Food'n Brew Down - September 23, 2017

The Food Truck Festival is back... but this time with beer! We're hosting some of the region's best food trucks and craft breweries for the Food'n Brew Down on Saturday, September 23rd! Stay tuned for more info on participating vendors and ticket information.

1-4 p.m. ...Snow Ridge, 4173 West Road, Turin