

**PREPARE AND SHARE A NUTRITIOUS AND
DELICIOUS MEAL OF RECIPES MADE WITH
PUMPKIN AND APPLES, WITH NRCIL AND
INSTRUCTOR, ANNE MERRILL**



Tuesday, October 10, 2017, 10:30am-12:30pm

Forest Presbyterian Church, Lyons Falls

Free to Participate!

Please RSVP by 10/5/2017

**For more information, please contact Justin Jones at 315-836-3735
justinj@nrcil.net. Or for a reasonable accommodation, please call**

TTY: 315-785-8704



Northern Regional

Center for Independent Living