


**February 2018**  
**ROTEO**  
**(Reaching Out To Each Other)**

**All Activities are held at 7632 North State Street in the Conference Room unless otherwise stated. Adults with a disability age 18 or older are welcome to attend.**

| Sun       | Mon   | Tue       | Wed   | Thu       | Fri       | Sat       |
|-----------|---|-----------|---|-----------|-----------|-----------|
|           |   |           |   | <b>1</b>  | <b>2</b>  | <b>3</b>  |
| <b>4</b>  | <b>5 SNAP<br/>In-service<br/><br/>Games of<br/>Choice</b>                           | <b>6</b>  | <b>7 Systems<br/>Advocacy at<br/>10<br/>Paper Craft<br/>with Sarah</b>          | <b>8</b>  | <b>9</b>  | <b>10</b> |
| <b>11</b> | <b>12 Movie<br/>Day</b>   | <b>13</b> | <b>14 Bingo</b>   | <b>15</b> | <b>16</b> | <b>17</b> |
| <b>18</b> |  | <b>20</b> | <b>21 Bowling<br/>at Lewis<br/>Lanes- meet<br/>there; lunch<br/>is provided</b> | <b>22</b> | <b>23</b> | <b>24</b> |
| <b>25</b> | <b>26 IL Skills<br/>Training:<br/>Stress<br/>Management</b>                         | <b>27</b> | <b>28 Games of<br/>choice</b>   |           |           |           |
|           |   |           |   |           |           |           |

Don't forget Walk the Block Monday and Wednesday at 10:30. (cancelled on bowling days)

Bring a lunch unless stated otherwise.

All activities are subject to change and ideas for other activities are appreciated and expected.

Northern Regional  
 Center for Independent Living  
 7632 North State Street  
 Lowville NY 13367  
 (315)836-3735

