

**Jefferson County Family Support Services  
Northern Regional Center for Independent Living  
(NRCIL)**

# YALE Group

**Y**outh

**A**dvocacy

**L**eadership

**E**mpower-  
**m**ent



By focusing on setting measurable and obtainable goals for the future, YALE will provide additional transition support by facilitating a strength based, youth-centered program, customized to promote individuality throughout the transition process.

## What goals do you have planned for your future?

At YALE we will focus on life skills such as...

- Career/ Vocational Planning
- What you should know about your IEP/ 504
- Leadership/Teamwork
- Communication Skills
- Hygiene
- Finances/ Budgeting
- Time Management
- Resume Writing
- Interviewing Skills
- Volunteering
- How To Keep The Job



If you are between the ages of 15-21 and focused on employment, then this group is meant for you.

October– May every other Tuesday from 5pm-7pm at  
210 Court St. Suite 107, Watertown, New York 13601

TO RESERVE YOUR SPOT PLEASE CONTACT:

**Stephanie Harris**

Northern Regional Center  
for Independent Living  
(315)785-8703 Ext. 235



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