

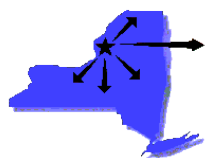


Affected by Suicide Support Group

*Learn Healthy Coping Strategies;
Begin the journey to healing and acceptance*

Mondays: 2:30p.m. - 3:30p.m.

*Life after Loss;
Moving on does not mean forgetting!*



**Northern Regional Center for Independent Living
210 Court St., Suite 107
Watertown, NY 13601**

**For more information, or to request accommodations
Please call: Pat C. at (315) 785-8703(V) or (315) 785-8704)**