

# **SOCIAL SKILLS GROUP FOR CHILDREN AND YOUTH**

**Ages 7-12**

**Mondays**

**3:30-4:30**

**Starts May 8<sup>th</sup>**

**Ages 11-16**

**Tuesdays**

**3:30-4:30**

**Starts May 9<sup>th</sup>**

**To be held at: NRCIL**

7632 N. State Street  
Lowville, New York 13367

**For information:** Cathie at **315-836-3735**

- Social group will meet weekly.
- Parent/Guardian must meet with NRCIL before child/youth can attend.
- Group size is limited with some flexibility if group is cohesive.
- Parent/Guardian participation is mandatory. One parent/guardian will be required to attend the first group, and the last 10 minutes of each group to go over skills the group learned and are to practice that week.
- Each group will consist of structured and unstructured interaction.
- Each group the child/youth is to bring one dollar for snacks.

## **Topics Covered**

- Conversations
- Friendship Skills and Blockers
- Identifying/Expressing Emotions
- Coping with Anger and Anxiety
- Conflict Management
- Peer Conflict
- Sportsmanship
- Manners

\* Parent suggested topics



For more information or to request accommodations please call 315-836-3735 or 315-785-8704 TTY